

# Tapestry of Health

## SNAP OUTREACH

January, 2020

Dear Parent or Guardian,

You may be eligible for the Supplemental Nutrition Assistance Program (SNAP), which is a program that helps supplement your monthly grocery budget to help put nutritious foods on your family's table.

If your child(ren) receives free or reduced lunch at school, your household may be eligible for SNAP. Also, if you receive SNAP, your child(ren) automatically qualify for the free lunch program at school, eliminating additional paperwork!

Please review the SNAP Gross Monthly Income Guidelines below to see if you may be eligible:

\*A household is defined as those who buy and prepare meals together.

Household Size	Age 59 and Below	Age 60 and Older or People deemed as Disabled
2	\$2,256	\$2,820
3	\$2,845	\$3,556
4	\$3,434	\$4,292
5	\$4,024	\$5,030
Each additional household member	Add \$590	Add \$738

If your household income is at or below the number above, a SNAP application can be completed for you by telephone in less than 30 minutes. An application for Low-Income Home Energy Assistance Program (LIHEAP) and Child Care Works can also be completed when you submit a SNAP application.

For fast and friendly, one-on-one application assistance, you can call our toll-free hotline at **1-833-834-2900** or complete an online request for SNAP application assistance at [www.TapestryOfHealth.org](http://www.TapestryOfHealth.org).

Keep your children healthy and strong with SNAP and nutritious foods all year long!

Sincerely,

### Kathie Shaffer

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Supplemental  
Nutrition  
Assistance  
Program

Putting Healthy Food  
Within Reach